

November 2026

Redbrook

Activity & Event Locations

AUD= Auditorium AR=Aerobics Room CHP=Chapel CC=Community Center

Events marked with this icon require advance registration in the Community App.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 4:00 Cinema Sunday: Rooster Cogburn (CC)	**2** 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Spintopia (CC) *Miles of Gratitude Begins*	**3** 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 2:00 Health Talk w/ Dave: Heart Health (AUD) 3:30 Tech Talk: Community App Tutorial (CC)	**4** 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Monthly Birthday Party w/Bobby Primm (AUD) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: Transatlantic (EP 1 &2) (CC)	**5** 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 2:30 Shopping @ Kroger (Meet in Lobby)	**6** 10:00 Move & Groove (AR) 11:00 BBB Game Staff Vs Residents (AUD) 12:00 Chili, Cheers & Home Runs: Chili Lunch (Crossings Cafe) 2:.30 Film Friday: Knives Out (CC)	**7** 10:30 Church Service (CHP)
8 3:00 St. Paul's Episcopal Church Service (CHP) 4:00 Cinema Sunday: Dances with Wolves (CC)	**9** 10:00 Water Aerobics (Pool) 10:00 Joyful Noise (Chapel) 2:00 Sit & Fit (AUD) 3:00 Resident Council (CC) 6:00 Book Club (CC)	**10** 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Game vs Diamonds (AUD)	**11** 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:30 Card Club (Game Room) 2:00 Veteran's Day Program (AUD) 3:00 Wednesday Watch Party: Transatlantic (EP 3)(CC) *Veteran's Day*	**12** 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 3:00 Men's Hour (CC) 4:30 Supper Club: Casa Jimador (Meet in Lobby)	**13** 10:00 Move & Groove (AR) 11:00 BBB Practice (AR) 2:30 Film Friday: Tea with Mussolini (CC)	**14** 10:30 Church Service (CHP)
15 3:00 Old Time Country Jammer (AUD) 4:00 Cinema Sunday: Under the Tuscan Sun (CC)	**16** 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Harvest Happy Hour w/Bob McClendon (AUD)	**17** 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 From the Bench w/Judge Cox (AUD) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 3:00 Book Discussion: Never Give In, Never Give Up w/ Carlana Stone (CC)	**18** 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 12:00 Apple Cider Float Bar (Crossings Cafe) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Transatlantic (EP 4&5) (CC) *National Apple Cider Day*	**19** 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 2:30 Shopping @ Kroger (Meet in Lobby)	**20** 10:00 Move & Groove (AR) 11:00 BBB Practice (AUD) 2:30 Film Friday: A Family Thanksgiving (CC)	**21** 10:30 Church Service (CHP)
22 3:00 Ellerbe Road Methodist Church Service (CHP) 4:30 Cinema Sunday: The Age of Innocence (CC)	**23** 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Armchair Travel: Turkey (CC)	**24** 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 3:00 Ladies Hour (CC)	**25** 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/Brother Sims (CHP) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Transatlantic (EP 6&7) (CC)	**26** *Happy Thanksgiving*	**27** 10:00 Move & Groove (AR) 11:00 BBB Practice (AUD) 2:30 Film Friday: The Wonder (CC) 4:30 Music by Daniel Murray (Levee)	**28** 10:30 Church Service (CHP)
29 3:00 Broadmoor Baptist Church (CHP) 4:30 Cinema Sunday: Babe (CC)	**30** 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Redbrook Perspectives: The Psychology of Everyday Life w/Dr. Gary Milford (CC)					

November 6: Chili, Cheers & Homeruns
November 12: Supper Club @ Casa Jimador
November 16: Harvest Happy Hour

