



October 2026

Redbrook

Activity & Event Locations

AUD= Auditorium

AR=Aerobics Room

CHP=Chapel

CC=Community Center



Events marked with this icon require advance registration in the Community App.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

October 1: Oktoberfest: Biergarten October 6: Fall Door Basket Craft October 14: Fall Feast Potluck October 30: The Glen Fall Festival				1 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 4:00 Oktoberfest: Redbrook Biergarten (Fire Pit)	2 10:00 Move & Groove (AR) 11:00 BBB Practice (AUD) 2:30 Film Friday: Arthur the King (CC)	3 10:30 Church Service w/ Brother Williams (CHP)
4 4:00 Cinema Sunday: The Hundred-Foot journey (CC)	5 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Spintopia (CC) ACTIVE AGING WEEK	6 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 2:00 Health Talk w/Dave Barry: Active Aging (AUD) 3:00 Fall Door Basket Craft (CC) 🧑🏻	7 Flu Clinic (TBA) 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/Brother Sims (CHP) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Poldark S2: E1&2 (CC)	8 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 3:00 Men's Hour (CC) 3:00 Shopping @ Kroger (Meet in Lobby) 🧑🏻	9 10:00 BBB Tournament (AUD) 3:00 Film Friday: Autumn in the Vineyard (CC)	10 10:30 Church Service w/Brother Williams (CHP)
11 3:00 St. Paul Episcopal Church Service (CHP) 4:00 Cinema Sunday: Wicked Little Letters (CC)	12 10:00 Make a Joyful Noise (CHP) 10:00 Water Aerobics (Redbrook Pool) 2:00 Sit & Fit (AUD) 3:00 Book Review w/ Lucy Medvec (CC) 6:00 Book Club (CC)	13 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 3:00 Community App Tutorial (CC)	14 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/Brother Sims (CHP) 11:30 Fall Feast Potluck (Levee) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Poldark S2: E3&4 (CC) 6:30 The Strand Theatre: One Night In Memphis (Meet in Lobby) 🧑🏻	15 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Red River Revel (Meet in Lobby) 🧑🏻 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:00 Stories of Shreveport's Haunted Municipal (AUD) 2:30 Balance & Beyond (AR)	16 10:00 Move & Groove (AR) 11:00 BBB Practice (AUD) 1:30 Monthly Birthday Party w/ Bobby Prim (AUD) 2:30 Super Senior Singers (CHP) 3:00 Film Friday: Coat of many Colors (CC)	17 10:30 Church Service w/Brother Williams (CHP)
18 3:00 Old Time Country Jammer (AUD) 4:00 Cinema Sunday: The Red Violin (CC)	19 10:00 Water Aerobics (Pool) 11:30 Lunch Bunch: Jason's Deli (meet in Lobby) 🧑🏻 2:00 Sit & Fit (AUD) 3:00 Spooktopia (CC) ESCAPE FROM DRACULA'S CASTLE BEGINS	20 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 2:30 Cider & Connections: New Resident Social (CC) NATIONAL APPLE DAY	21 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/Brother Sims (CHP) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Poldark S2: E5&6 (CC)	22 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Balance & Beyond (AR) 3:00 Shopping @ Brookshires (Meet in Lobby) 🧑🏻	23 9:30 Redbrook Roadies: Caddo Lake Boat Tour (Meet in Lobby) 🧑🏻 10:00 Move & Groove (AR) 11:00 BBB Practice (Aud) 2:30 Film Friday: (CC)	24 10:30 Church Service w/Brother Williams (CHP)
25 3:00 Ellerbe Road Baptist Church (CHP) 4:00 Cinema Sunday: Quartet (CC)	26 10:00 Water Aerobics (Pool) 2:00 Sit & Fit (AUD) 3:00 Armchair Travel: Transylvania (CC)	27 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Everyday Strong (AR) 11:00 Bocce Ball (Bocce Court) 1:00 BBB Practice (AUD) 3:00 Ladies Hour: Crimson Rose Tea (Grandmother's Garden)	28 10:00 Water Aerobics (Pool) 10:30 ERBC Bible Study w/Brother Sims (CHP) 1:30 Card Club (Game Room) 2:00 Sit & Fit (AUD) 2:30 Wednesday Watch Party: Poldark S2: E7&8 (CC)	29 9:00 Morning Stretch (AR) 10:00 Everyday Strong (AR) 11:00 Washer Toss (AR) 1:00 Dracula's Bingo: (CC) 2:30 Balance & Beyond (AR) 4:30 Supper Club: Ernest Orleans (Meet in Lobby) 🧑🏻	30 10:00 Move & Groove (AR) 11:00 BBB Practice (AUD) 1:30 The Glen Fall Festival (TBA)	31 10:30 Church Service w/Brother Williams (CHP) HAPPY HALLOWEEN