THE GLEN VIEWS

FALL 2026



Rita Gleason and Peggy White playing a game of Touch the Color.

Celebrating 20 Years at The Cottages

THE GLEN VIEWS

Volume 36 | No. 15 |
FALL 2026

2026-2027
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a message

This year, we celebrate the 20th anniversary of The Cottages. This milestone is especially meaningful to me and to everyone at The Glen.

During the past 20 years, I have seen what makes The Cottages a special place. It is the care provided and the way our team comes to know the people who live here; their stories, their personalities, the things that make them smile, and the people they have loved throughout their lives.

Since opening in 2006, The Cottages have been home to hundreds of older adults living with Alzheimer's disease and other forms of dementia. Each resident has brought a story, a family, and a lifetime of experiences. While their memories may change, who they are, and the dignity and respect they deserve never changes.

We know that dementia is a journey shared by families. I have seen the uncertainty and worry that families often carry when they come to The Cottages. I have also seen the relief that comes with knowing their loved ones are safe, cared for, and surrounded by people who know and value them. That trust is something we never take for granted.

What touches me most about The Cottages is the dedication of the people who care for the residents. Our team understands that meaningful care goes beyond meeting physical needs. It is about creating moments of connection and finding joy in the ordinary. Their compassion is reflected in countless moments that may never be seen by anyone outside The Cottages but that make a difference in the lives of residents and their families.

As we celebrate 20 years, my heart is filled with gratitude. I am grateful for every resident who has called The Cottages home and for the families who have trusted us with someone they love.

Twenty years represents more than the passing of time. It represents thousands of days filled with care, countless relationships, and so many moments of laughter, comfort, and connection. It is a history we can be proud of and a responsibility we carry forward.

With gratitude,
Debra Williams, CEO

Locals Love Us recognizes The Glen

The Glen is proud to have been recognized once again by the Shreveport-Bossier Area "Locals Love Us" in the categories of retirement living, assisted living and skilled nursing. We are truly honored by this recognition and deeply grateful for the incredible support from our Shreveport-Bossier Community.



Pictured from left to right: Independent Living Manager Jessi Dodson, Director of Clinical Operations Michelle Greer, and Director of Assisted and Independent Living Cynthia Reese.

Volunteers make a difference at The Glen!

Are you looking for a fulfilling volunteer opportunity? Volunteers help The Glen accomplish our mission to enrich the lives of older adults.

There are plenty of areas where volunteers are utilized at The Glen, including musical entertainment, assisting staff with outside trips, working in The Village General Store, reading to residents, helping with games like Bingo, birthday parties, special events, arts and crafts, and more!

If you are interested in volunteering at The Glen, visit our Volunteers page at theglen.org/about-the-glen/volunteers/ to sign up!



Janis Kutschbach, **left,** and Mary Agnes Rambin, **right**, volunteering at The Village General Store.

Celebrating 20 Years of Compassion, Connection, and Enriched Living

For 20 years, The Cottages Memory Care at The Glen has provided a place where individuals living with Alzheimer's disease and other forms of dementia are known by name, valued for who they are, and supported in living meaningful, enriched lives.

In 2026, The Glen proudly celebrates the 20th anniversary of The Cottages opening its doors to residents and families throughout the Shreveport-Bossier City area and beyond. This milestone represents two decades of compassionate care, meaningful moments and enduring relationships that have helped shape The Glen community.

From the beginning, The Cottages was created with a vision that extended beyond traditional memory care. Rather than a clinical setting, The Glen envisioned a warm, welcoming environment that would feel like home, a place where residents could experience comfort, familiarity, dignity and a true sense of belonging.

That vision continues to be guided by an important principle: a diagnosis of dementia does not diminish a person's need for purpose, joy and connection.

Life enrichment has become an essential part of the resident experience at The Cottages. More than a way to fill the day, meaningful activities provide opportunities to nurture relationships, encourage independence, stimulate the senses and create moments of purpose and joy.

Music, art, gardening, exercise, sensory experiences, devotional opportunities, games and social gatherings are woven into daily life. Each activity offers residents opportunities to participate, connect with others and continue doing things that bring meaning to their lives.

The evolution of life enrichment reflects The Glen's commitment to seeing each resident as a whole person. Team members take the time to learn residents' histories, interests, traditions and preferences, using that knowledge to create opportunities for meaningful participation and personal expression.





From Left to Right: Janice Williams, Community Life Coordinator Cindy Sledge, and Peggy White painting a fall puzzle at The Cottages; Reba Thrash enjoying a watermelon popsicle during summertime art at The Cottages.

The story of The Cottages is also a story of relationships. Families have entrusted their loved ones to The Glen and, in doing so, have become part of a community committed to supporting both residents and those who love them. Over the years, families have found compassionate professionals who walk alongside them with patience, understanding and genuine concern. For residents and families alike, those relationships create connection and reassurance.

As The Glen celebrates this important anniversary, it celebrates the residents, families, team members and caregivers who have shaped The Cottages over the past two decades. Every resident has brought a unique life story, and every relationship has helped create a legacy grounded in compassion, respect and dignity.

The past 20 years have demonstrated that memory care can be about much more than meeting physical needs. It can be about preserving dignity, encouraging participation, creating meaningful experiences, and nurturing relationships. As The Glen looks back with gratitude, it also looks forward with purpose. The same spirit that guided the opening of The Cottages 20 years ago continues to inspire its future: creating a place where residents feel at home, families feel supported, and every individual is treated with respect, compassion and love.

Redbrook's Route 66 Adventure

This summer, Redbrook residents embarked on an armchair journey along America's iconic Route 66, exploring the history, culture, and flavors of the "Mother Road" from Illinois to California. Through themed activities, food tasting, games, crafts, and discussions, residents traveled Route 66 one stop at a time while reminiscing and creating new memories with friends.

The journey concluded with the Last Stop Sock Hop, where residents celebrated with 1950s inspired attire, dancing, and delicious food. The experience proved that the joy of travel lies not only in the destination, but also in the memories, friendships, and shared experiences created along the way.





Top: Redbrook residents, Janice and Randy Box, taste testing different root beer flavors during the Oklahoma stop during Route 66 Armchair Travel.
Bottom: Redbrook residents, Bob and Jane Molloy, sharing a milkshake at the Route 66 Last Stop Sock Hop.

That's a Wrap on CATS!





From April through September, residents at The Glen enjoyed another engaging season of CATS - programs and events on Culture, Art, Technology, and Science. Featured programs included Shreveport Opera Express, Twin Blends NWLA History Hunters presentation of the Red River steamboats, Brent Latin's discussion on artificial intelligence, Winston Hall's history of Louisiana music legends, and the Walter B. Jacobs Nature Center's program on backyard birds. The season concluded with a performance by the Shreveport Symphony Orchestra. Special thanks to the Paul and Betty McDonald Foundation for sponsoring CATS which provides educational and cultural experiences that teach, inspire, and broaden horizons.

Top: Brent Latin answering questions from Redbrook residents, Bob and Jane Molloy. **Bottom:**The Shreveport Symphony Orchestra performing their '26-'27 preview.

A Patriotic Performance to Remember!







The Glen welcomed the renowned Victory Belles from the National WWII Museum in New Orleans for a special performance celebrating America's 250th anniversary.

Known for preserving the music and spirit of the World War II era, the Victory Belles entertained residents with their vintage style, beautiful harmonies, and patriotic spirit. Through beloved songs of the 1940s, they honored the courage, resilience, and sacrifice of the men and women who shaped our nation's history.

Residents from Redbrook, Stiles, Village Health Care, and the Cottages came together to enjoy this special event. The familiar music prompted residents to sing along and reminisce. For many, the music served as the soundtrack of their youth, evoking cherished memories and inspiring heartfelt moments of reflection and connection.



Clockwise, from top left: The Victory Belles performing; a group of Redbrook and Stiles residents with The Victory Belles; a Victory Belle shares a special moment with a resident; the Victory Belles visit with a resident after their performance.









Clockwise, from top left: Village Health Care Life Enrichment Coordinator, Bridges Price, with resident, Linda Plunkett, during Cooking Club with Village Health Care residents; Redbrook resident, Ellie Sockrider, crafting a Fourth of July door basket; Kay Miller and Peggy White coloring flowers during arts and crafts at The Cottages; Stiles resident, Jerry Bruce, displaying her quilts at the Quilt Show.









Clockwise, from top left: Stiles residents, Dot Kistler and Crawford Williams, exercising during "Sit and Fit"; Redbrook resident, Betty Black, winning a prize for the Route 66 Fitness Challenge; Lyndell Hollingsworth and Linda Dennig visit the Texas Country Music Hall of Fame & Tex Ritter Museum during a Redbrook Roadies Adventure; Cottages resident, Kay Miller, enjoying a strawberry popsicle.









Clockwise, from top left: Redbrook residents, Cynthia Murray and Linda Dennig, participate in the New Mexico Route 66 Armchair Travel; Stiles resident, Don Hathaway, receives a chocolate sundae during Ice Cream Social; Emma Leone enjoying a glass of punch at a Luau Party at The Cottages; Cottages resident, Reba Thrash, dancing with Elvis.

heartwarmers

The Glen gratefully acknowledges the following for their generous financial support:

APRIL 20, 2026 — SEPTEMBER 30, 2026

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MRS. DOROTHY BROCATO
Mr. and Mrs. David P. Serra

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Mrs. Kathryn Feinstone
and Mrs. Susan Barnett

MR. JOHN M. FRYAR
Mrs. Sara Kalmbach

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warm hearts this way

The Glen relies on your support to continue its mission of enriching the lives of seniors through housing, health care and services. We appreciate your contribution.

Name: _____

Address: _____

☐ *Employee Benefit Fund* ☐ *General Fund* ☐ *Future Growth*

My gift is in: ☐ *memory of:* _____

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Please send acknowledgement to : _____

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All gifts are promptly acknowledged and tax deductible.
Send to: The Glen, 403 E. Flournoy Lucas Road, Shreveport, LA 71115

Give online at theglen.org/giving

Monthly support group held for caregivers

Did you know that The Glen hosts a monthly support group specifically for caregivers who are caring for someone living with memory loss? This support group is held at 5:30 p.m. on the first Thursday of each month and has become a haven for caregivers across the area.

During our support group sessions, you'll have the opportunity to meet other people who are just like you, doing their best to learn and thrive.

This group is free and open to the public. To RSVP for a future meeting, please call 318-213-3528.

DATE: *FIRST THURSDAY OF THE MONTH*
TIME: *5:30 P.M.*
LOCATION:
HARRELL LIBRARY AT THE GLEN





An appreciation event, Dog Days of Summer, was held for the employees of The Glen with Streetcar Snowballs. Employees were encouraged to wear a bright color, favorite sports team jersey, or fun t-shirt that reflected something that brought them joy and could spread a little happiness to others.

CONNECT WITH US!

THE GLEN'S COMMUNITIES & SERVICES

INDEPENDENT LIVING
Redbrook at The Glen
Shreveport, Louisiana | 318.213.3571

ASSISTED LIVING
The Stiles Apartments (Level 4, 24/7 Nursing Staff)
Shreveport, Louisiana | 318.213.3571

The Cottages (Specializing in Memory Care)
Shreveport, Louisiana | 318.213.3571

SKILLED NURSING CARE *Includes Short-term Rehabilitation and Memory Care*
Village Health Care
Shreveport, Louisiana | 318.213.3500

CALL 318.798.3500 | EMAIL INFO@THEGLEN.ORG