

# Happy Halloween



## October 2025

## REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS

AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**October 1 - Operation Christmas Child**

**October 6 - Active Aging Week Begins**

**October 13 - Flu Clinic**

**October 17 - Fall Festival**

**October 31 - Clue Costume Party**

**1**  
10:00 Water Aerobics (Redbrook Pool)  
10:30 ERBC Bible Study w/ Brother Sims (CHP)  
1:00 Balance and Beyond (AR)  
1:30 Card Club (Game Room)  
1:30 Monthly Mission: Operation Christmas Child (CC)  
2:30 Wednesday Watch Party: The Crown Season 4 (EP 1&2) (CC)

**Web of Miles Begins**

**2**  
9:00 Morning Stretch (AR)  
10:00 Chair Fitness (AR)  
11:00 Washer Toss (AR)  
1:00 Bingo (CC)  
2:30 Shopping @ Kroger (Meet in Lobby)

**3**  
9:30 Bocce Ball (Bocce Court)  
11:00 BBB Practice (AUD)  
2:00 Haunted Shreveport: The Municipal Auditorium (AUD)  
2:30 Movie: Young Frankenstein (CC)

**4**  
10:30 Church Service with Brother Williams (CHP)

**5**  
3:00 PM TBD (CHP)

**6**  
9:00 Glen Walking History Tour w/CEO (Meet in Lobby)  
10:00 Water Aerobics (RB Pool)  
1:00 Balance and Beyond (AUD)  
2:30 Importance of Physical Activity As You Age w/Dave Barry (AUD)  
3:30 Spintopia: Wheel of Wellness (CC)

**Active Aging Week: Move it Monday**

**7**  
9:00 Morning Stretch (Grandmother's Garden)  
9:30 Catholic Mass (CHP)  
10:00 Chair Fitness (AUD)  
11:00 Senso Showdown (Fitness Center)  
1:00 BBB Practice Roadrunners (AR)  
1:30 BBB Practice Rockin' Rollers (AR)  
2:00 Staying Safe Online: Fraud Prevention 101 (AUD)  
3:00 Redbrook Feud (CC)

**Active Aging Week: Tech Tuesday**

**8**  
9:00 Glen Walking History Tour w/CEO (Meet in Lobby)  
10:00 Water Aerobics (RB Pool)  
10:30 ERBC Bible Study w/ Brother Sims (CHP)  
11:00 Chair Massages (RB Salon)  
1:00 Balance and Beyond (AUD)  
1:30 Card Club (Game Room)  
2:30 Wednesday Watch Party: The Crown Season 4 (EP 3&4) (CC)

**Active Aging Week: Wellness Wednesday**

**9**  
9:00 Morning Stretch (Grandmother's Garden)  
10:00 Chair Fitness (AR)  
11:00 Washer Toss (AR)  
1:00 Big Money Bingo (CC)  
5:30 Old School Dance Hall (Meet in Lobby)

**Active Aging Week: Try it Thursday**

**10**  
9:00 Bean Bag Baseball Tournament (AUD)  
3:00 Film Friday: Little Shop of Horrors (CC)

**Active Aging Week: Friendship Friday**

**11**  
10:30 Church Service with Brother Williams (CHP)  
11:30 Fall Family Fun Day (Crossings Café & Fire Pit)

**Active Aging Week: Social Saturday**

**12**

3:00 PM Father Michael Cannon from St. Paul's Episcopal - Service of Holy Eucharist (CHP)

**13**

10:00 Water Aerobics (RB Pool)  
1:00 Balance and Beyond (AR)  
2:00 Flu Clinic (AUD)  
2:00 Monday Funday: Scrabble (CC)  
3:00 Armchair Travel to Germany (CC)  
6:00 Book Club (CC)

**14**

9:00 Morning Stretch (AR)  
9:30 Catholic Mass (CHP)  
10:00 Chair Fitness (AR)  
11:00 Cornhole (AUD)  
1:00 BBB Practice (AUD)  
3:00 Oktoberfest Happy Hour (CC)

**15**

10:00 Water Aerobics (RB Pool)  
10:30 ERBC Bible Study w/ Brother Sims (CHP)  
1:00 Balance & Beyond (AR)  
1:30 Desserts w/Debra (CC)  
1:30 Card Club (Game Room)  
2:30 Wednesday Watch Party: The Crown Season 4 (EP 5&6) (CC)

**16**

9:00 Morning Stretch (AR)  
10:00 Chair Fitness (AR)  
11:00 Washer Toss (AR)  
1:00 Stein and Shine Bingo (CC)  
4:30 Redbrook Biergarten (Fire Pit)

**17**

9:30 Bocce Ball (Bocce Court)  
1:30 Fall Fest (Fire Pit)

**18**

10:30 Church Service with Brother Williams (CHP)  
2:30 Movie: Hocus Pocus (CC)

**19**

2:00 PM TBD (CHP)  
3:00 PM Old Time Country Music Jammer with Bluegrass, Gospel and More (AUD)

**20**

10:00 Water Aerobics (RB Pool)  
11:00 Lunch Bunch @ El Cabo Verde (Meet in Lobby)  
1:00 Balance and Beyond (AR)  
2:30 Monday Funday: Pictionary (CC)

**21**

9:00 Morning Stretch (AR)  
9:30 Catholic Mass (CHP)  
10:00 Chair Fitness (AR)  
11:00 Cornhole (AUD)  
1:00 BBB Practice (AUD)  
3:00 Sips & Cider: Ladies Hour (CC)

**National Apple Day**

**22**

10:00 Water Aerobics (RB Pool)  
10:30 ERBC Bible Study w/ Brother Sims (CHP)  
1:00 Monthly Birthday Party (CC)  
1:30 Cards (Game Room)  
2:30 Wednesday Watch Party: The Crown Season 4 (EP 7&8) (CC)

**23**

9:00 Morning Stretch (AR)  
10:00 Chair Fitness (AR)  
11:00 Washer Toss (AR)  
1:00 Bingo (CC)  
2:30 Shopping @ Walmart (Meet in Lobby)

**24**

9:00 Breast Cancer Awareness Walk (Meet in Lobby)  
9:30 Bocce Ball (Bocce Court)  
9:30 Redbrook Roadies: Caddo Lake Boat Tour (Meet in Lobby)  
11:00 BBB Practice (AUD)  
2:30 Film Friday: Clue (CC)

**Wear Pink**

**25**

10:30 Church Service with Brother Williams (CHP)

**26**

3:00 PM Ellerbe Road Methodist Church Service (CHP)

**27**

10:00 Water Aerobics (RB Pool)  
1:00 Balance & Beyond (AR)  
2:00 Monday Funday: Spintopia (CC)  
3:00 Men's Hour (CC)

**Clue Mystery Adventure Begins**

**28**

9:00 Morning Stretch (AR)  
9:30 Catholic Mass (CHP)  
10:00 Chair Fitness (AR)  
11:00 Cornhole (AUD)  
1:00 BBB World Series: Staff VS. Residents (Fire Pit)

**29**

10:00 Water Aerobics (RB Pool)  
10:30 ERBC Bible Study w/ Brother Sims (CHP)  
10:30 Redbrook Reach Out @ NWLA Food Bank (Meet in Lobby)  
1:00 Balance & Beyond (AR)  
1:30 Card Club (Game Room)  
2:00 The Crown Season 4 (EP 9&10) (CC)

**30**

9:00 Morning Stretch (AR)  
10:00 Chair Fitness (AR)  
11:00 Washer Toss (AR)  
1:00 Bingo (CC)  
4:30 Super Club: Gibbons (Meet in Lobby)

**31**

9:30 Bocce Ball (Bocce Court)  
11:00 BBB Practice (AUD)  
3:00 Clue Costume Party (CC)

**Happy Halloween**