

Happy Halloween



October 2024

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS

AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

October 2: Oktoberfest Men's Hour

October 3: Red River Revel

October 7: Architecture Bus Tour

October 11: Natchitoches

1

Web of Miles Begins
8:30 Coffee Bar (Crossings Cafe)
9:30 Catholic Mass (CHP)
10:00 Chair Fitness (AR)
11:00 Bocce Ball (Bocce Court)
1:00 BBB Game vs Sometimers(AUD)
Active Aging Week
International Coffee Day

2

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:30 ERBC Bible Study w/ Brother Sims (CHP)
1:00 Balance & Beyond (AR)
2:00 Cards/ Hand & Foot (Game Room)
3:00 Oktoberfest Men's Hour (CC)

3

10:00 Chair Fitness (AR)
11:00 Washer Toss (AR)
10:30 Red River Revel (Meet in Lobby)
1:00 Bingo (CC)
3:00 Shopping @ Albertsons (Meet in Lobby)

4

9:00 Walking Club @ Redbrook (Meet in Lobby)
10:00 Tai Chi (AR)
11:00 BBB Practice (AUD)
11:40 Lecture- Bill Wiener's Creative Process w/Bruce Allan @ The Meadows Museum (Meet in Lobby)
2:00 Film Fridays: "Chicago The Musical" (CC)

5

10:30 Church Service w/ Brother Williams (CHP)

6

3:00 Calvary Baptist Church (CHP)

7

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
1:00 Balance & Beyond (AR)
2:30 Weiner Brothers Architecture Bus Tour (Meet in Lobby)
National Architecture Day

8

9:30 Catholic Mass (CHP)
10:00 Chair Fitness (AR)
11:00 Bocce Ball (Bocce Court)
1:00 BBB Practice (AUD)
3:00 Resident Council (CC)
6:00 Book Club: "Dead Wake" (CC)

9

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:30 ERBC Bible Study w/ Brother Sims (CHP)
1:00 Balance & Beyond (AR)
2:00 Cards/Mexican Train (CC)
5:30 Wine Down Wednesday w/ Winston Hall (Fire Pit)

10

10:00 Chair Fitness (AR)
10:00 Lunch Bunch @ Another Broken Egg (Meet in Lobby)
11:00 Washer Toss (AR)
1:00 Bingo (CC)
2:30 Tech Talk: Community App Tutorial (CC)

National
Angel Food Cake Day

11

8:30 Redbrook Roadies: Natchitoches (Meet in Lobby)
9:00 Walking Club (Meet in Lobby)
10:00 Tai Chi (AR)
11:00 BBB Practice (AUD)
2:00 Film Friday "Clue" (CC)

12

10:30 Church Service w/ Brother Williams (CHP)

13

3:00 St. Paul's Episcopal Service of Holly Eucharist w/ Father Michael Cannon (CHP)

14

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:00 Joyful Noise (CHP)
1:00 Balance & Beyond (AR)
3:00 Spintopia (CC)

15

9:30 Catholic Mass (CHP)
10:00 Chair Fitness (AR)
10:30 Movie @ Cinemark Tinseltown -TBD (Meet in Lobby)
11:00 Bocce Ball (Bocce Court)
1:00 BBB Practice (AUD)
2:00 Lecture w/Orthopedic Specialist - Dr. Jeffery Pearson (CC)

16

10:00 Water Aerobics (Redbrook Pool)
10:00 Virtual Chair Fitness (AR)
10:30 ERBC Bible Study w/ Brother Sims (CHP)
1:00 Monthly Birthday Party (CC)
2:00 Cards/Dominos (Game Room)
3:00 Cider Sipping Ladies Hour (CC)

17

10:00 Chair Fitness (AR)
11:00 Washer Toss (AR)
1:00 Bingo (CC)
2:30 Shopping @ Kroger (Meet in Lobby)
4:30 Supper Club Outing @ The Library on Fern Restaurant (Meet in Lobby)

18

9:00 Breast Cancer Awareness Walk (Meet in Lobby)
10:00 Tai Chi (AR)
11:00 BBB Practice (AUD)
2:00 Film Friday: "Thelma" (CC)

Wear Pink Day

19

10:30 Church Service w/ Brother Williams (CHP)

20

1:00 Sunday Service w/Doyle Bailey (CHP)

21

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:30 First Baptist of Haughton Choir (CHP)
11:00 Springhill Baptist Church Service (CHP)
1:00 Balance & Beyond (AR)
2:00 Managing Chronic Pain w/ Dave Barry (CC)

22

9:30 Catholic Mass (CHP)
10:00 Chair Fitness (AR)
11:00 Bocce Ball (Bocce Court)
1:00 BBB Practice (AUD)
3:00 Pumpkin Shine On Line Preview (Meet in Lobby)

23

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:30 ERBC Bible Study w/ Brother Sims (CHP)
1:00 Balance & Beyond (AR)
2:00 Learn to Play Mahjong (CC)

24

10:00 Chair Fitness (AR)
11:00 Washer Toss (AR)
1:00 Fall Bingo (CC)
2:30 Shopping @ Target (Meet in Lobby)

25

9:00 Walking Club @ Norton Nature Trail (Meet in Lobby)
10:00 Tai Chi (AR)
11:00 BBB Practice (AUD)
1:00 Spintopia (CC)
2:00 Featured Artist: ArkLaTex Art Guild Reception (AUD)
2:30 Film Friday: "Practical Magic" (CC)

26

10:30 Church Service w/ Brother Williams (CHP)

27

3:00 Ellerbe Road Methodist Church Service (CHP)

28

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
1:00 Balance & Beyond (AR)
3:00 Arm Chair Travel to Salem, Massachusetts (CC)

29

9:30 Catholic Mass (CHP)
10:00 Chair Fitness (AR)
11:00 Bocce Ball (Bocce Court)
2:00 Cooking w/Chef.
Spooktacular Treats (Levee)
3:30 Sip & Paint: Fall Art (CC)

30

10:00 Virtual Chair Fitness (AR)
10:00 Water Aerobics (Redbrook Pool)
10:30 ERBC Bible Study w/ Brother Sims (CHP)
1:00 Balance & Beyond (AR)
2:00 Cards/ Dominos (CC)
3:30 Monster Mash w/Brandy Roberts (AUD)

31

10:00 Chair Fitness (AR)
11:00 Washer Toss (AR)
2:00 Fall Carnival (AUD)

Happy Halloween

October 17: Supper Club
October 22: Pumpkin Shine
October 25: Artists Reception
October 31: Fall Festival