

# Happy Labor Day

## September 2024

## REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS  
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1</p> <p>3:00 Sunday Service w/Doyle Bailey (CHP)</p>	<p>2</p> <p><i>Labor Day</i></p>	<p>3</p> <p>9:30 Catholic Mass (CHP)            10:00 Chair Fitness (AR)            1:00 BBB Practice (AUD)            2:00 Medicare Discussion (CC)</p>	<p>4</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:30 ERBC Bible Study w/ Brother Sims (CHP)            1:00 Balance &amp; Beyond (AR)            2:00 Cards/ Hand &amp; Foot (CC)            3:30 Wine Down Wednesday w/Brandy Roberts (AUD)</p>	<p>5</p> <p>10:00 Chair Fitness (AR)            11:00 Washer Toss (AR)            1:00 Bingo (CC)            2:30 Shopping @ Dillard's (Meet in Lobby)</p>	<p>6</p> <p>9:00 Tai Chi (AR)            10:00 Redbrook Games (AUD)            11:00 BBB Practice (AUD)            1:00 Spintopia (CC)            2:00 Film Fridays: "Judy" (CC)</p>	<p>7</p> <p>10:30 Church Service w/ Brother Williams (CHP)</p>
<p>8</p> <p>3:00 St. Paul's Episcopal Service of Holy Eucharist w/Father Michael Cannon (CHP)</p>	<p>9</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:00 Joyful Noise (CHP)            1:00 Balance &amp; Beyond (AR)            3:00 Ladies Happy Hour — Martini Monday (CC)</p>	<p>10</p> <p>9:30 Catholic Mass (CHP)            10:00 Chair Fitness (AR)            1:00 BBB Practice (AR)            3:00 CATS: Shreveport Symphony (AUD)            6:00 Book Club "A Tree Grows in Brooklyn" (CC)</p>	<p>11</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:30 ERBC Bible Study w/ Brother Sims (CHP)            1:00 Balance &amp; Beyond (AR)            2:00 Cards/Mexican Train (CC)            2:30 Shopping @ Drug Emporium (Meet in Lobby)</p>	<p>12</p> <p>10:00 Chair Fitness (AR)            10:30 Lunch Bunch: Strawn's (Meet in Lobby)            11:00 Washer Toss (AR)            1:00 Bingo (CC)            2:30 Tailgate Tie Dye Party (CC)</p>	<p>13</p> <p>9:00 Tai Chi (AR)            10:00 Redbrook Games (AUD)            11:00 BBB Practice (AUD)            2:00 Film Fridays: "Being the Ricardos" (CC)</p>	<p>14</p> <p>10:30 Church Service w/ Brother Williams (CHP)</p>
<p>15</p> <p>2:00 Christian Church of Bossier City Service (CC)</p>	<p>16</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:30 First Baptist of Haughton Choir (CHP)            11:00 Springhill Baptist Church Service (CHP)            1:00 Balance &amp; Beyond (AR)            3:00 Arm Chair Travel to Mexico- Guacamole &amp; Margarita Class (CC)  <b>National Guacamole Day</b></p>	<p>17</p> <p>9:30 Catholic Mass (CHP)            10:00 Chair Fitness (AR)            10:00 Silver Screening @ Robinson Film Center: Citizen Kane (Meet in Lobby)            1:00 BBB Practice (AUD)            3:00 Fiesta Happy Hour (CC)</p>	<p>18</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:30 ERBC Bible Study w/ Brother Sims (CHP)            1:00 Monthly Birthday Party (CC)            2:00 Cards/Dominos (Game Room)            3:00 Sip &amp; Paint: Mexican Folk Art (CC)</p>	<p>19</p> <p>10:00 Chair Fitness (AR)            11:00 Washer Toss (AR)            1:00 Bingo (CC)            2:30 Cruising to Mexico with Travel Experts (CC)            4:30 Supper Club Outing @ El Paso (Meet in Lobby)</p>	<p>20</p> <p>9:00 Tai Chi (AR)            10:00 Redbrook Games (AUD)            11:00 BBB Practice (AUD)            2:00 Film Friday: "The 3 Amigos" (CC)</p>	<p>21</p> <p>10:30 Church Service w/ Brother Williams (CHP)</p>
<p>22</p> <p>3:00 PM Ellerbe Road Methodist Church Service (CHP)</p>	<p>23</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            1:00 Balance &amp; Beyond (AR)            1:00 Dessert &amp; Discussion (CC)            2:00 Managing Pulmonary Conditions w/Dave Barry (CC)            3:00 Spintopia (CC)  <b>National Centenarian Day</b></p>	<p>24</p> <p>9:30 Catholic Mass (CHP)            10:00 Chair Fitness (AR)            10:00 Redbrook Roadies: ParTea &amp; Shopping in Minden (Meet in Lobby)            1:00 BBB Practice (AUD)            2:00 Tech Talk w/John Wilson (CC)</p>	<p>25</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            10:30 ERBC Bible Study w/ Brother Sims (CHP)            1:00 Balance &amp; Beyond (AR)            2:00 Games/Mahjong (Game Room)            3:00 Fall Wreaths Craft (CC)</p>	<p>26</p> <p>9:00 Pancakes and Pajamas (CC)            10:00 Chair Fitness (AR)            11:00 Washer Toss (AR)            1:00 Bingo (CC)            2:30 Shopping @ Target (Meet in Lobby)  <b>National Pancake Day</b></p>	<p>27</p> <p>9:00 Tai Chi (AR)            10:00 Redbrook Games (AUD)            11:00 BBB Practice (AUD)            2:00 Film Friday: "Mamma Mia" (CC)</p>	<p>28</p> <p>10:30 Church Service w/ Brother Williams (CHP)</p> <p><b>National Good Neighbor Day</b></p>
<p>29</p> <p>3:00 Dr. John Sullivan from Broadmoor Baptist Church (CHP)</p>	<p>30</p> <p>10:00 Virtual Chair Fitness (AR)            10:00 Water Aerobics (Redbrook Pool)            1:00 Balance &amp; Beyond (AR)            3:00 Men's Hour (CC)</p>	<p><b>September 10: CATS Series: Shreveport Symphony</b>  <b>September 12: Lunch Bunch - Strawn's</b>  <b>September 17: Fiesta Happy Hour</b>  <b>September 24: Redbrook Roadies - Minden</b>  <b>September 26: Pancakes and Pajamas</b></p>				