

Happy Independence Day

July 2024

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 2:00 Heart and Health w/Dave Berry (CC)	2 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 2:30 Shopping @ Kroger (Meet in Lobby)	3 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 11:30 Summer Picnic Potluck (Levee) 1:00 Balance and Beyond (AR) 3:00 Card Games (Game Room)	4 <i>Happy 4th of July</i>	5 9:00 Indoor Bocce Ball (AUD) 10:00 Chair Fitness (AR) 11:00 BBB Practice (AUD) 2:00 Film Fridays: "The Boys in the Boat" (CC)	6 10:30 Church Service with Brother Williams (CHP)	
7 3:00 Shreveport Community Church (CHP)	8 10:00 Chair Fitness (AR) 10:00 Joyful Noise (CHP) 1:00 Balance and Beyond (AR) 1:30 Shreveport Aquarium & Shark Feeding (Meet in Lobby) SHARK WEEK	9 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AR) 3:00 CATS: Red River Revel Director Logan Lewis (AUD) 6:00 Book Club "The Boys in the Boat" (CC)	10 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 3:00 Shark Week Social (CC)	11 10:00 Water Aerobics (Redbrook Pool) 11:00 Washer Toss (AR) 1:00 Shark Bingo (CC) 2:30 Pool Party (Redbrook Pool)	12 9:00 Indoor Bocce Ball (AUD) 10:00 Chair Fitness (AR) 11:00 BBB Practice (AUD) 2:00 Film Fridays: "Jaws" (CC)	13 10:30 Church Service with Brother Williams (CHP)	
14 3:00 St. Paul's Episcopal Service of Holy Eucharist with Father Michael Cannon (CHP)	15 10:00 Chair Fitness (AR) 10:30 First Baptist of Haughton Choir (CHP) 11:00 Springhill Baptist Church Service (CHP) 1:00 Balance and Beyond (AR) 1:00 Armchair Travel to Hawaii (CC) Hawaii Week	16 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 10:00 Silver Screening @ Robinson Film Center: Thoroughly Modern Millie (Meet in Lobby) 1:00 BBB Practice (AUD) 3:00 Luau Fashion Craft (CC)	17 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:00 Cooking w/Chef: Hawaiian Apps (Levee) 3:00 Saint Marks Church (CHP) 3:00 Card Games (Game Room)	18 10:00 Water Aerobics (Redbrook Pool) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 3:30 Tiki Bar Happy Hour (Crossings Cafe) 4:30 Hawaiian Luau (AUD)	19 9:00 Indoor Bocce Ball (AUD) 10:00 Chair Fitness (AR) 11:00 BBB Practice (AUD) 2:00 Film Fridays: "Blue Hawaii" (CC)	20 10:30 Church Service with Brother Williams (CHP) 2:00 Featured Artist Reception: Shreveport Pastel Society (Stiles Living Room)	
21 2:00 Christian Church of Bossier City Service (CHP)	22 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 2:00 Home Run Derby (AR) BBB All-Star Week	23 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Game (AUD) 3:00 Resident Council (CC)	24 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 2:00 Sports Spintopia (CC) 3:00 Card Games (Game Room) 4:30 Supper Club Outing @ Walk-On's (Meet in Lobby)	25 10:00 Water Aerobics (Redbrook Pool) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Shopping @ Drug Emporium (Meet in Lobby)	26 9:00 Indoor Bocce Ball (AUD) 10:00 Chair Fitness (AR) 11:00 BBB Game Roadrunners vs Staff (AUD) 2:00 Film Fridays: "Angels in the Outfield" (CC)	27 10:30 Church Service with Brother Williams (CHP)	
28 3:00 Broadmoor Baptist Church (CHP)	29 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 3:00 Ladies Mingle: Mojito Monday (CC)	30 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 2:30 Cheesecake Tasting (CC) National Cheesecake Day	31 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Monthly Birthday Party w/ Larry Meier (AUD) 3:00 Card Games (Game Room)	July 3 - Summer Picnic Potluck July 9 - CATS: Red River Revel July 15-19 - Hawaii Week July 20 - Shreveport Pastel Society Artist's Reception July 31 - Monthly Birthday Party			