

Happy Spring!

April 2024

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 1:30 Yoga (AR) 3:30 Health Services at The Glen Q & A (CC)	2 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 3:00 Songs Heard 'Round the World: How the Music of Shreveport-Bossier Changed History Presented by Winston Hall (CC)	3 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:30 Shopping at Akin Nursery (Meet in Lobby)	4 10:00 Water Aerobics (Redbrook Pool) 11:00 Bocce Ball (Meet in Lobby) 1:00 Bingo (CC) 2:30 Norton Art Gallery "Bloom" Exhibit (Meet in Lobby)	5 9:00 Walking Club Outing to YMCA (Meet in Lobby) 10:00 Chair Fitness (AR) 11:00 BBB Practice (AUD) 2:00 Film Friday: "Apollo 13" (CC)	6 10:00 AM Church Service with Brother Williams (CHP) 11:00 Wideman Competition Winners Piano Recital (AUD)
7 3:00 Shreveport Community Church w/ Aaron McManus (CHP)	8 10:00 Chair Fitness (AR) 10:00 Joyful Noise (CHP) 1:00 Balance and Beyond (AR) 1:00 Solar Eclipse Watch Party (Crossing Café)	9 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 2:30 Shopping at Kroger (Meet in Lobby) 6:00 Book Club (CC)	10 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 11:30 Spring Pot Luck (Levee) 1:00 Balance and Beyond (AR) 2:30 Summer Grove Baptist Senior Choir (CHP) 3:30 Wine Down Wednesday w/ Brandy Roberts (AUD)	11 10:00 Water Aerobics (Redbrook Pool) 11:00 Bocce Ball (Meet in Lobby) 1:00 Bingo (CC) 3:00 Civil War: The Battle of Mansfield w/Nickolous Pickett (CC)	12 10:00: Bean Bag Baseball Tournament (AUD) 2:30: Film Fridays "The Horse Soldiers" (CC)	13 10:30 AM Church Service with Brother Williams (CHP)
14 3:00 PM Father Michael Cannon from St. Paul's Episcopal - Service of Holy Eucharist (CHP)	15 10:00 Chair Fitness (AR) 11:00 Springhill Baptist Church Service (CHP) 1:00 Balance & Beyond (CC) 1:30 Yoga (AR) 3:00 Arm Chair Travel to Japan (CC)	16 9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 Beanbag Baseball Practice (AUD) 3:00 Sip and Paint: Cherry Blossoms (CC)	17 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 2:00 Cooking Demo: Sushi with Chef (Levee)	18 10:00 Water Aerobics (Redbrook Pool) 11:00 Bocce Ball (Meet in Lobby) 1:00 Bingo (CC) 4:30 Supper Club Outing to Tokyo Japanese Steakhouse (Meet in Lobby)	19 9:00 Walking Club (Meet in Lobby) 10:00 Chair Fitness (AR) 11:00 Beanbag Baseball Practice (AUD) 2:30 Film Fridays: "Memoirs of a Geisha" (CC)	20 10:30 AM Church Service with Brother Williams (CHP)
21 3:00 PM Christian Church of Bossier City Service (CHP)	22 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 1:30 Yoga (AR) 2:30 Shopping at Target (Meet in Lobby)	23 9:30 Catholic Communion Service (CHP) 8:30 Bean Bag Baseball Senior Games (Meet in Lobby) 3:00 Spintopia (CC)	24 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Monthly Birthday Party (CC) 2:30 Touchtown Tutorial (CC)	25 10:00 Water Aerobics (Redbrook Pool) 11:00 Bocce Ball (Meet in Lobby) 1:00 Bingo (CC) 3:00 Book Reviews W/ Lucy Medvec: "Tom Lake" (CC)	26 9:00 Walking Club (Meet in Lobby) 10:00 Chair Fitness (AR) 11:00 Beanbag Baseball Practice (AUD) 2:30 Film Fridays: "I Can Only Imagine" (CC)	27 10:30 AM Church Service with Brother Williams (CHP)
28 3:00 PM Ellerbe Road Methodist Church Service (CHP)	29 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 2:00 "Safety in the Home" - Crystal Waltower, OT (CC)	30 9:30 Catholic Communion Service (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 2:30 Jazz PBS Documentary (CC) International Jazz Day	April 8 - Solar Eclipse Watch Party April 10 - Spring Pot Luck April 16 - Sip and Paint: Cherry Blossoms April 29 - Safety in the Home			