

Happy New Year

January 2024

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p>1</p> <p>"Trek to Vegas" Fitness Challenge Begins</p> <p><i>Happy New Year</i></p>	<p>2</p> <p>9:30 Catholic Mass (Chapel) 10:00 Water Aerobics (Redbrook Pool) 1:00 Bean Bag Baseball Practice (AUD)</p>	<p>3</p> <p>10:00 Chair Fitness (Aerobics Room) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:00 Grocery Shopping @ Kroger (Meet in Lobby)</p>	<p>4</p> <p>10:00 Water Aerobics (Redbrook Pool) 1:00 Bingo (CC) 3:00 Trivia (CC)</p> <p>National Trivia Day</p>	<p>5</p> <p>10:00 Chair Fitness (Aerobics Room) 11:00 Bean Bag Baseball Practice (AR) 6:15 Mudbugs Game (Meet in Lobby)</p>	<p>6</p> <p>10:30 AM Church Service with Brother Williams (CHP)</p>	
<p>7</p> <p>No chapel services today</p>	<p>8</p> <p>10:00 Chair Fitness (Aerobics Room) 1:00 Balance and Beyond (Aerobics Room) 2:00 Popcorn & Movie "Priscilla" (CC)</p> <p>Happy Birthday Elvis</p>	<p>9</p> <p>9:30 Catholic Mass (CHP) 10:00 Water Aerobics (Redbrook Pool) 1:30 V...s 100th Day Celebration (AUD) 2:00 Elvis Performs (AUD) 6:00 Book Club</p>	<p>10</p> <p>10:00 Joyful Noise (CHP) 10:00 Chair Fitness (Aerobics Room) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 3:00 Spintopia (CC)</p>	<p>11</p> <p>10:00 Water Aerobics (Redbrook Pool) 1:00 Bingo (CC) 2:30 Popcorn & Movie "Blue Hawaii" (CC)</p>	<p>12</p> <p>10:00 Chair Fitness (Aerobics Room) 11:00 Bean Bag Baseball Practice (AR) 11:00 Ladies Shopping & Lunch @ Regal Shopping Center (Meet in Lobby)</p>	<p>13</p> <p>10:30 AM Church Service with Brother Williams (CHP)</p>	
<p>14</p> <p>3:00 PM Father Michael Cannon from St. Paul's Episcopal - Service of Holy Eucharist (CHP)</p>	<p>15</p> <p>10:00 Chair Fitness (Aerobics Room) 1:00 Balance and Beyond (Aerobics Room) 2:00 Dave Barry, PTA "Living w/ Low Vision" (CC)</p> <p>Martin Luther King, Jr. Day</p>	<p>16</p> <p>9:30 Catholic Mass (Chapel) 9:45 Silver Screening @ Robinson "Viva Las Vegas" (Meet in Lobby) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 3:00 Resident Council Meeting (CC)</p>	<p>17</p> <p>10:00 Chair Fitness (Aerobics Room) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (Aerobics Room) 3:30 Wine Down Wednesday w/ Entertainment by Amelia Morris</p>	<p>18</p> <p>10:00 Water Aerobics (Redbrook Pool) 1:00 Bingo (CC) 2:30 Remembering Betty White (CC) 4:30 Supper Club - Silver Star Grille (Meet in Lobby)</p> <p>Happy Birthday Betty White</p>	<p>19</p> <p>10:00 Chair Fitness (Aerobics Room) 11:00 Bean Bag Baseball Practice (AR) 3:00 Popcorn Social Happy Hour (CC)</p> <p>National Popcorn Day</p>	<p>20</p> <p>10:30 AM Church Service with Brother Williams (CHP) 2:00 PM Artist of the Month Reception (Stiles Living Room)</p>	
<p>21</p> <p>3:00 PM Christian Church of Bossier City Service (Chapel)</p>	<p>22</p> <p>10:00 Chair Fitness (Aerobics Room) 1:00 Balance & Beyond (AR) 2:30 Armchair Travel to Greece</p> <p>National Polka Dot Day *Wear Polka Dots*</p>	<p>23</p> <p>8:00 Greek Coffee & Pastries (Crossings Cafe) 9:30 Catholic Mass (Chapel) 10:00 Water Aerobics (Redbrook Pool) 1:00 Beanbag Baseball Practice (AUD) 2:00 Shopping Excursion @ Walmart (Meet in Lobby)</p>	<p>24</p> <p>10:00 Chair Fitness (Aerobics Room) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 3:00 DIY Greek Leaf Crowns (CC)</p>	<p>25</p> <p>10:00 Water Aerobics (Redbrook Pool) 1:00 Bingo (CC) 4:30 Toga Party (AUD)</p>	<p>26</p> <p>10:00 Chair Fitness (Aerobics Room) 11:00 Bean Bag Baseball Practice (AR) 2:30 Popcorn & a Movie "My Big Fat Greek Wedding" (CC)</p>	<p>27</p> <p>10:30 AM Church Service with Brother Williams (CHP)</p>	
<p>28</p> <p>3:00 pm Ellerbe Road Methodist Church Service (CHP)</p>	<p>29</p> <p>10:00 Chair Fitness (Aerobics Room) 1:00 Balance and Beyond (Aerobics Room) 3:00 Monthly Birthday Party (CC)</p>	<p>30</p> <p>9:30 Catholic Mass (Chapel) 10:00 Water Aerobics (Redbrook Pool) 1:00 BBB Practice (AUD) 2:30 "Archie: The Man who Became Cary Grant" Part 1 (CC)</p>	<p>31</p> <p>10:00 Chair Fitness (Aerobics Room) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (Aerobics Room) 2:30 "Archie: The Man who Became Cary Grant" Part 2 (CC)</p>	<p>January 5 ~ Mudbugs Game January 9 ~ Velda's 100th Birthday Party January 12 ~ Ladies Shopping & Lunch January 19 ~ Popcorn Social Happy Hour January 22 ~ Armchair Travel to Greece</p>			