

Happy THANKSGIVING

November 2023

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>November 1 - Donuts with Debra November 10 - Veterans Day Program November 15 - Fraud Prevention Seminar November 16 - Thanksgiving Potluck November 30 - Supper Club: Imperial Cathy</p>		<p>1 9:30 Donuts w/ Debra (AUD) 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:00 Shopping Excursion @ Walmart (Meet in Lobby)</p>	<p>2 10:00 Chair Fitness (AR) 11:00 Beanbag Baseball Practice (AR) 11:00 Chili Bar Lunch @ Crossings Café 12:00 S'mores & Songs by the Fire (Outside Fire Pit) 1:00 Bingo (CC)</p>	<p>3 10:00 Bocce Ball (Meet in Lobby)</p>	<p>4 10:30 AM Church Service with Brother Williams (CHP)</p>
<p>5 Daylight Saving Time Ends - Turn Clocks Back One Hour</p>	<p>6 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:00 "Home for the Holidays" Armchair Travel to Natchitoches w/ Guest Speaker (CC)</p>	<p>7 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 1:00 BBB Practice (AUD) 2:00 Grocery Shopping @ Target (Meet in Lobby)</p>	<p>8 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:00 Popcorn & Movie "Steel Magnolias" (CC)</p>	<p>9 9:45 Outing to Natchitoches (Meet in Lobby) 10:00 Chair Fitness (AR) 11:30 Resident Thanksgiving Practice (AR) 1:00 Bingo (CC)</p>	<p>10 10:00 Bocce Ball (Meet in Lobby) 2:00 Veterans Day Program (AUD)</p>
		Veterans Day			
<p>12 3:00 PM Father Michael Cannon from St. Paul's Episcopal - Service of Holy Eucharist (CHP)</p>	<p>13 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:00 Dave Barry, PTA: "Medication & Polypharmacy" (CC) World Kindness Day</p>	<p>14 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (Aerobics Rm) 1:00 Beanbag Baseball Practice (AR) 2:00 Popcorn & Movie "Little Women" (CC) 6:00 Book Club (CC)</p>	<p>15 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Fraud Prevention Seminar w/ Shreveport Police Dept. (CC)</p>	<p>16 10:00 Chair Fitness (AR) 11:30 Resident Thanksgiving Potluck (The Levee) 1:00 Bingo (CC)</p>	<p>17 9:00 Turkey Trot (Meet in Lobby) 10:00 Bocce Ball (Meet in Lobby) 1:00 Apple Cider Floats (CC) <i>National Apple Cider Day</i></p>
<p>18 10:30 AM Church Service with Brother Williams (CHP)</p>					
<p>19 3:00 PM Christian Church of Bossier City Service (CHP)</p>	<p>20 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:00 Grocery Shopping @ Kroger (Meet in Lobby)</p>	<p>21 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (AR) 1:00 Beanbag Baseball Practice (AUD) 3:00 Monthly Birthday Party (CC)</p>	<p>22 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 3:30 "Wine Down Wednesday" w/ Clay Eaves Entertainment (AUD)</p>	<p>23 <i>Thanksgiving Day</i></p>	<p>24</p>
		10:30 AM Church Service with Brother Williams (CHP)			
<p>26 3:00 PM Ellerbe Road Methodist Church Service (CHP)</p>	<p>27 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR)</p>	<p>28 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (AR) 1:00 Beanbag Baseball Practice (AUD)</p>	<p>29 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 2:00 Shopping at The Christmas Store at Splash (Meet in Lobby)</p>	<p>30 10:00 Chair Fitness (AR) 11:00 Beanbag Baseball Practice (AR) 1:00 Bingo (CC) 3:00 Resident Council Meeting (AUD) 4:30 Supper Club @ Imperial Cathy (Meet In Lobby)</p>	<p><i>Saturday, November 11 Veterans Day</i> <i>Thursday, November 23 Thanksgiving Day</i></p>