

# Happy Halloween



## October 2023

## REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS  
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 WEB OF MILES MONTHLY FITNESS CHALLENGE BEGINS!	2 10:00 Water Aerobics (Redbrook Pool) 11:00 Ladies' Outing - Lunch & Shopping @ Lewis & Gifts (meet in Lobby) 1:00 Balance and Beyond (Aerobics Room)	3 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (Aerobics Room) 1:00 Beanbag Baseball Practice (AUD) 5:30 Brandy w/ Brandy Entertainment (Auditorium)	4 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (Aerobics Room) 2:00 Shopping Trip @ Walmart (Meet in Lobby)	5 10:00 Chair Fitness (AR) 11:00 - Beanbag Baseball Practice (AR) 1:30 Flu Clinic (Aud)	6 9:00 Breast Cancer & Tribute Walk - Wear Pink (Meet in Lobby) 10:00 Bocce Ball (Meet in Lobby) 1:00 Bingo (CC)	7 10:30 AM Church Service with Brother Williams (CHP)
8 3:00 PM Father Michael Cannon from St. Paul's Episcopal - Service of Holy Eucharist (CHP)	9 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (Aerobics Room) 2:00 Dave Barry, PT (CC)  LSUS FOOD DRIVE	10 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (Aerobics Room) 1:00 BBB vs Waterview (AUD) 6:00 Book Club (CC)  LSUS FOOD DRIVE	11 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 2:00 Popcorn & Movie "White Fang" (CC)  LSUS FOOD DRIVE	12 10:00 Chair Fitness (AR) 11:00 Beanbag Baseball Practice (AR) 1:00 Bingo (CC) 2:30 St. Luke's Pumpkin Patch Outing (Meet in Lobby)  LSUS FOOD DRIVE	13 9:00 Walking Club (Meet in Lobby) 10:00 Bocce Ball (Meet in Lobby) 2:00 Food Drive Pick-Up Celebration BBB Game  LSUS FOOD DRIVE PICKUP	14 10:30 AM Church Service with Brother Williams (CHP)
15 3:00 PM Christian Church of Bossier City Service (CHP)	16 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (Aerobics Room) 2:00 Armchair Travel to Germany (CC)	17 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (Aerobics Rm) 1:00 Beanbag Baseball Practice (AUD) 2:00 Haunted Shreveport Municipal Lecture (Aud) 3:00 Resident Council Mtg. (AUD)	18 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (Aerobics Room) 2:00 German Documentary Popcorn & Movie	19 10:00 Chair Fitness (Aerobics Room) 11:00 Beanbag Baseball Practice (AR) 1:00 Bingo (CC) 3:00 "Oktoberfest" Happy Hour (CC)	20 9:00 Walking Club (Meet in Lobby) 10:00 Bocce Ball 12:30 Germantown Colony Museum in Minden, LA (Meet in Lobby)	21 10:30 AM Church Service with Brother Williams (CHP) 1:30 Murder on the Orient Express Play (Meet in Lobby)
22 3:00 PM Ellerbe Road Methodist Church Service (CHP)	23 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (Aerobics Room) 3:00 Monthly Birthday Party (CC)	24 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (Aerobics Room) 1:00 BBB vs. Sometimers (AUD) 3:00 Pumpkin Decorating (CC)	25 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (Aerobics Room) 2:00 Popcorn & Movie "Hocus Pocus" (CC)	26 9:00 Wellness Wisdom (AUD) 10:00 Chair Fitness (Aerobics Room) 11:00 Beanbag Baseball Practice (AR) 1:00 Bingo (CC) 2:30 Pumpkin Decorating (CC) 4:30 Supper Club @ Ernest's	27 9:00 Walking Club (Meet in Lobby) 10:00 Bocce Ball (Meet in Lobby) 1:45 BBB Game @ Waterview (Meet in Lobby)	28 10:30 AM Church Service with Brother Williams (CHP)
29	30 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (Aerobics Room) 2:00 Shopping @ Kroger (Meet in Lobby)	31 9:30 Catholic Mass (Chapel) 10:00 Chair Fitness (Aerobics Room) 1:00 Beanbag Baseball Practice (AUD) 2:00 Fall Festival	<p><b>October 19 - Oktoberfest Happy Hour</b>  <b>October 20 - Germantown Colony Museum</b>  <b>October 26 - Wellness Wisdom</b>  <b>October 31 - Fall Festival</b></p>			