



HAPPY FOURTH OF JULY

July 2022

REDBROOK AT THE GLEN

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>Monday, July 11th - Dinner and a Show Wednesday, July 20th - JOY Bible Study Friday, July 29th - Bike to Bahamas Celebration Luau</p>						1	2
						<p>9:00 Stars & Stripes Stroll (Meet in the Lobby) 10:00 Bean Bag Baseball Practice (Auditorium) 1:00 Stretch & Relaxation (Aerobics Room)</p>	<p>10:30am Church Service with Brother Williams (Chapel)</p>
3	4	5	6	7	8	9	
<p>3:00pm First Presbyterian Church Service (Chapel)</p>	<p>Independence Day</p>	<p>10:00 Chair Fitness (Aerobics Room) 1:00 Bean Bag Baseball Practice (Auditorium) 6:00 Book Club (Community Center)</p>	<p>10:00 Water Aerobics (Redbrook Pool) 10:30am ERBC Bible Study With Brother Sims (Chapel) 1:00 Stretch & Relaxation (Aerobics Room) 2:30 Life Group w/ Marci Howard (Community Center)</p>	<p>10:00 Chair Fitness (Aerobics Room) 10:30 Line Dance (Aerobics Room) 1:00 Bingo (Community Center)</p>	<p>10:00 Bean Bag Baseball Practice (Auditorium) 4:30 Dinner Party (Outback Steakhouse) (Meet in the Lobby)</p>	<p>10:30am Church Service with Brother Williams (Chapel)</p>	
10	11	12	13	14	15	16	
	<p>10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond(Aerobics Room) 3:00 Group Training (Fitness Center) 4:30 Dinner & Show (The Levee)</p>	<p>10:00 Chair Fitness (Aerobics Room) 1:00 Roadrunners vs. Waterview (Auditorium) 3:00 Resident Council Meeting (Community Center)</p>	<p>10:00 Water Aerobics (Redbrook Pool) 10:30am ERBC Bible Study With Brother Sims (Chapel) 11:30 Lunch Bunch (Meet in the Lobby) 1:00 Stretch & Relaxation (Aerobics Room)</p>	<p>10:00 Chair Aerobics (Aerobics Room) 1:00 Shark Attack Bingo (Community Center)</p>	<p>10:00 Bean Bag Baseball Practice (Auditorium) 5:30 Escape Room Game (Meet in the Lobby)</p>	<p>10:30am Church Service with Brother Williams (Chapel)</p>	
17	18	19	20	21	22	23	
<p>3:00pm Christian Church of Bossier City (Chapel)</p>	<p>10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond(Aerobics Room) 3:00 Roadrunners vs. Gophers (Auditorium)</p>	<p>10:00 Chair Fitness (Aerobics Room) 1:00 Bean Bag Baseball Practice (Auditorium) 3:00 Trivia Party (Community Center)</p>	<p>10:00 Water Aerobics (Redbrook Pool) 10:30am ERBC Bible Study With Brother Sims (Chapel) 1:00 Stretch & Relaxation (Aerobics Room) 2:00 J.O.Y Bible Study (Community Center) 3:00pm St. Mark's Episcopal (Chapel)</p>	<p>10:00 Chair Aerobics (Aerobics Room) 10:30 Line Dance (Aerobics Room) 1:00 Bingo (Community Center)</p>	<p>10:00 Bean Bag Baseball Practice (Auditorium) 2:30 Redbrook Adventures (Meet in the Lobby)</p>	<p>10:30am Church Service with Brother Williams (Chapel)</p>	
24	25	26	27	28	29	30	
<p>3:00 PM Ellerbe Road Methodist Church Service (Chapel)</p>	<p>10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond(Aerobics Room) 3:00 Group Training (Fitness Center) 5:30 Fire-Pit Night (Fire-Pit outside across from The Levee)</p>	<p>10:00 Chair Fitness (Aerobics Room) 1:00 Sometimers vs. Roadrunners(Auditorium) 2:30 Guest Speaker (Community Center)</p>	<p>Movie Day TBA 10:00 Water Aerobics (Redbrook Pool) 10:30am ERBC Bible Study With Brother Sims (Chapel) 1:00 Stretch & Relaxation (Aerobics Room)</p>	<p>10:00 Chair Fitness (Aerobics Room) 1:00 Bingo (Community Center)</p>	<p>10:00 Bean Bag Baseball Practice (Auditorium) 5:30 Bike to Bahamas Celebration Luau (Auditorium)</p>	<p>10:30am Church Service with Brother Williams (Chapel)</p>	
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