



THE STILES APARTMENTS  
403 EAST FLOURNOY LUCAS ROAD  
SHREVEPORT, LOUISIANA 71115  
PHONE (318) 797-6810 | FAX (318) 213-3539  
[www.theglen.org](http://www.theglen.org)

March 9, 2021

Dear Stiles Independent Living Residents:

As many of you know, The Glen community, including residents and staff, have now received the second Moderna vaccine. We are delighted that all residents that qualified were vaccinated, and many of the staff and contractors agreed to receive the vaccine voluntarily.

As such, by Friday, March 12, our community will experience the highest level of protection against COVID-19 since this pandemic began. We are extremely excited about this as we have endured a year of restrictions and uncertainty in our lives. The good news is that we have been working on a phased plan to begin easing our COVID restrictions for **independent living residents in Stiles Apartments**.

The initial steps of that plan are stated below and begin on Monday, March 15. Although all of us are extremely excited with the prospect of enjoying old and new activities again on our campus, **we must continue to wear masks anywhere inside the building with the exception of your apartment (unless you are enjoying a meal or refreshments) and socially distance at all times**. It is also incumbent on all of us to help remind staff, contractors, and residents to continue to wear a mask over the nose and mouth, and to continue to socially distance. It is important to remind everyone that as we experience these new guidelines, we will also be monitoring the COVID status at The Glen and in the Shreveport community, and follow the State of Louisiana guidelines at all times. As you know from experience, these guidelines may change at any time.

If you should have any questions, please do not hesitate to contact me at 797-6810.

Sincerely,

A handwritten signature in black ink that reads 'Cynthia'.

Cynthia Reese  
Director, Assisted and Independent Living

# The Glen Independent Living Guidelines

## Effective the Week of March 15 - Phase 1

### Monday, March 15

- Independent living residents will continue to be screened on a daily basis for COVID symptoms. Independent living residents may leave the premises, but are encouraged to wear their mask and practice social distancing when away from The Glen community. Independent residents are no longer required to report when leaving campus.

Two adult family members or friends may visit independent living residents in their apartments by entering the main Stiles Entrance, successfully passing the COVID screening protocol, and going directly to the apartment. Or, if the resident's apartment is accessible from the individual's outside door, the visitors may go directly to the apartment and not enter the common area.

- Coffee service will be available in the Sweet Shop in the morning and afternoon. Tables will be rearranged to facilitate social distancing.

### Sunday, March 21

- Dining capacity will be increased in the Stiles Dining Room to no more than 75% capacity for **independent living residents**. Doors to the dining room will open at **noon**. Meals may be requested for "take away" and will be boxed, bagged and left in the Sweet Shop refrigerator for you to pick up at your convenience. Delivery to your apartment is available for a fee of five dollars per delivery.

***(Due to Louisiana Department of Health restrictions on assisted living, we will provide dining service for residents in assisted living in a separate dining venue and at an earlier time.)***

## **Additional Guidelines Effective the Week of March 29 – Phase 2**

If conditions remain favorable while we monitor the progress of Phase 1 and COVID exposures at The Glen, additional activities will commence on the last week of March as follows:

- Health Education and Blood pressure checks will resume
- Bible study in person with clergy
- Art opportunities
- Entertainment within state guidelines
- Weekly grocery store trip for independent living residents
- Medical Transportation available by scheduling with Stiles office

## **Additional Guidelines Effective the Week of May 3 – Phase 3**

If conditions remain favorable, further activities and event space may be made available including using the auditorium for larger events, transportation to local shopping and other activities.

We are all extremely excited to resume so many activities in the next few weeks, however, we must all remain very vigilant and follow guidelines, including wearing a mask and social distancing at all times. It is also important that we all keep in mind that at any time during these proposed phases, circumstances may change, and some activities may need to be altered or canceled all together. We will continue to update you on a regular basis.