



# April 2026

## Redbrook

### Activity & Event Locations

AUD= Auditorium AR=Aerobics Room CHP=Chapel CC=Community Center



Events marked with this icon require advance registration in the Community App.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

|                                                                                                                                                                              |                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                          |                                                                                                                                                                                    |
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| <p><b>April 2:</b><br/><b>Spring Fling</b></p> <p><b>April 14:</b><br/><b>CATS: Shreveport Opera XPress</b></p> <p><b>April 29:</b><br/><b>Camino Celebration Fiesta</b></p> |                                                                                                                                                                                                               | <p><b>1</b> <b>Camino de Santiago Fitness Journey Begins</b></p> <p>10:00 Water Aerobics (Pool)<br/>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br/>1:00 Balance &amp; Beyond (AR)<br/>1:30 Card Club (Game Room)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:30 Wednesday Watch Party: Ann with a E (S2 EP 1 &amp; 2) (CC)</p> | <p><b>2</b></p> <p>9:00 Morning Stretch (AR)<br/>10:00 Chair Fitness (AR)<br/>11:00 Washer Toss (AR)<br/>1:00 Bingo (CC)<br/>2:00 Spring Fling w/Brandy Roberts (AUD)<br/>3:00 Bocce Ball (Bocce Court)</p>                                                                                                     | <p><b>3</b></p> <p>2:00 Film Friday: <i>The Secret Garden</i> (CC)<br/>5:00 Bennett's Best: A Tribute to Tony (CC)</p> <p><i>Good Friday</i></p>                                                                                                         | <p><b>4</b></p> <p>10:30 Church Service with Brother Williams (CHP)</p>                                                                                                            |
| <p><b>5</b></p> <p>4:30 Cinema Sunday: <i>Easter Parade</i> (CC)</p> <p><i>Easter</i></p>                                                                                    | <p><b>6</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>11:00 Joyful Noise (CHP)<br/>1:00 Balance and Beyond (AR)<br/>2:00 Sit &amp; Fit (AUD)<br/>3:00 Shopping @ Kroger (Meet in Lobby) 🛒</p>           | <p><b>7</b></p> <p>9:00 Morning Stretch (AR)<br/>9:30 Catholic Mass (CHP)<br/>10:00 Chair Fitness (AR)<br/>11:00 Golf Pong (AR)<br/>1:00 BBB Practice (AUD)<br/>2:00 Men's Hour: National Beer Day (CC)</p>                                                                                                             | <p><b>8</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br/>1:00 Balance &amp; Beyond (AR)<br/>1:30 Card Club (Game Room)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:30 Wednesday Watch Party: Ann with a E (S 2 EP 3&amp;4) (CC)</p>                                  | <p><b>9</b></p> <p>9:00 Morning Stretch (AR)<br/>10:00 Chair Fitness (AR)<br/>11:00 Washer Toss (AR)<br/>1:00 Bingo (CC)<br/>2:00 Walking Club (Meet in Lobby)<br/>3:00 Bocce &amp; Beverages (Bocce Court)</p>                                          | <p><b>10</b></p> <p>10:00 Move &amp; Groove (AR)<br/>11:00 BBB Practice (AUD)<br/>2:00 Film Friday: <i>The Choice</i> (CC)</p>                                                     |
| <p><b>12</b></p> <p>3:00 St. Paul's Episcopal Church Service (CHP)<br/>4:30 Cinema Sunday: <i>Mirror Has Two Faces</i> (CC)</p>                                              | <p><b>13</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>1:00 Balance &amp; Beyond (AR)<br/>2:00 Berry Nice to Meet You: New Resident Social (AUD)<br/>6:00 Book Club (CC)</p>                            | <p><b>14</b></p> <p>9:00 Morning Stretch (AR)<br/>9:30 Catholic Mass (CHP)<br/>10:00 Chair Fitness (AR)<br/>11:00 Golf Pong (AR)<br/>1:00 BBB Practice (AR)<br/>3:00 CATS: Shreveport Opera Xpress (AUD)</p>                                                                                                            | <p><b>15</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>10:30 ERBC Bible Study w/Brother Sims (CHP)<br/>1:00 Monthly Birthday Party (CC)<br/>1:30 Card Club (Game Room)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:30 Wednesday Watch Party: Ann with a E (S2 EP 5&amp;6) (CC)</p>                                 | <p><b>16</b></p> <p>9:00 Morning Stretch (AR)<br/>10:00 Chair Fitness (AR)<br/>11:00 Washer Toss (AR)<br/>1:00 Bingo (CC)<br/>2:00 Walking Club (Meet in Lobby)<br/>3:00 Bocce Ball (Bocce Court)</p>                                                    | <p><b>17</b></p> <p>10:00 Move &amp; Groove (AR)<br/>11:00 BBB Practice (AUD)<br/>2:00 Film Friday: <i>Hamnet</i> (CC)</p>                                                         |
| <p><b>19</b></p> <p>3:00 Old Time Country Jammer (AUD)<br/>4:30 Cinema Sunday: <i>Midnight Lace</i> (CC)</p>                                                                 | <p><b>20</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>11:00 Springhill Baptist Church (CHP)<br/>1:00 Balance &amp; Beyond (AR)<br/>2:00 Sit &amp; Fit (AUD)<br/>3:00 Armchair Travel to Spain (CC)</p> | <p><b>21</b></p> <p>9:00 Morning Stretch (AR)<br/>9:30 Catholic Mass (CHP)<br/>10:00 Chair Fitness (AR)<br/>11:00 Golf Pong (AR)<br/>1:00 BBB Practice (AUD)<br/>3:00 Sangria &amp; Señoras: Ladies Hour (Grandmother's Garden)</p>                                                                                     | <p><b>22</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>10:30 ERBC Bible Study w/Brother Sims (CHP)<br/>1:00 Balance &amp; Beyond (CC)<br/>1:30 Card Club (Game Room)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:30 Wednesday Watch Party: Ann with a E (S2 EP 7&amp;8)</p>                                        | <p><b>23</b></p> <p>9:00 Morning Stretch (AR)<br/>10:00 Chair Fitness (AR)<br/>11:00 Washer Toss (AR)<br/>1:00 Bingo (CC)<br/>2:00 Walking Club (Meet in Lobby)<br/>3:00 Bocce Ball (Bocce Court)<br/>3:00 Camino Scallop Shell Craft (CC) 🛒</p>         | <p><b>24</b></p> <p>10:00 Move &amp; Groove (AR)<br/>10:00 Redbrook Roadies: Grand Cane (Meet in Lobby)<br/>11:00 BBB Practice (AUD)<br/>2:00 Film Friday: <i>The Way</i> (CC)</p> |
| <p><b>26</b></p> <p>3:00 Ellerbe Road Methodist Church Service (CHP)<br/>4:30 Cinema Sunday: <i>Age of Innocence</i> (CC)</p>                                                | <p><b>27</b></p> <p>10:00 Water Aerobics (Pool)<br/>1:00 Balance &amp; Beyond (AR)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:00 Understanding Cryptocurrency &amp; Modern Finance (CC)<br/>3:30 Spintopia (CC)</p>   | <p><b>28</b></p> <p>9:00 Morning Stretch (AR)<br/>9:30 Catholic Mass (CHP)<br/>10:00 Chair Fitness (AR)<br/>11:00 Golf Pong (AR)<br/>1:00 BBB Practice (AUD)<br/>3:00 Shopping @ Kroger (Meet in Lobby) 🛒</p>                                                                                                           | <p><b>29</b></p> <p>10:00 Water Aerobics (Redbrook Pool)<br/>10:30 ERBC Bible Study w/Brother Sims (CHP)<br/>1:00 Balance &amp; Beyond (AR)<br/>1:30 Card Club (Game Room)<br/>2:00 Sit &amp; Fit (AUD)<br/>2:30 Wednesday Watch Party: Ann with a E (EP 9&amp;10)<br/>3:30 Camino Celebration Fiesta (AUD)</p> | <p><b>30</b></p> <p>9:00 Morning Stretch (AR)<br/>10:00 Chair Fitness (AR)<br/>11:00 Washer Toss (AR)<br/>1:00 Bingo (CC)<br/>2:00 Walking Club (Meet in Lobby)<br/>3:00 Bocce Ball (Bocce Court)<br/>4:30 Supper Club: Oyster Bar (Meet in Lobby) 🛒</p> |                                                                                                                                                                                    |