



July 2025

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
 AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 3: Ice Cream Social July 4: Patriotic Sing-Along July 10: Happy Hour July 11: Age with Radiance		1 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 11:00 Cornhole (AUD) 1:00 BBB Game (AUD) 2:00 Shopping @ Kroger (Meet in Lobby) 3:30 Monthly Mission: Rensiting Project (CC)	2 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: The Americas (EP 1&2)(CC)	3 9:00 Morning Stretch (AR) 10:00 Chair Fitness (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Stars & Scoops: Ice Cream Social (CC)	4 11:00 Bean Bag Baseball (AUD) 4:00 Four on the Fourth: A Patriotic Sing-Along (The Levee) Fourth of July	5 10:30 Church Service with Brother Williams (CHP)
6 3:00 Calvary Baptist Church (CHP)	7 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:00 Monday Funday: Spintopia, Eh (CC) 3:00 Armchair Travel to Canada (CC) Senso Challenge: Ski	8 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 11:00 Cornhole (AUD) 1:00 BBB Practice (AUD) 3:00 Resident Council (CC)	9 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: The Americas (EP 3&4) (CC)	10 9:00 Morning Stretch (AR) 10:00 Chair Fitness (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:00 Moore Luv Children's Choir (AUD) 2:30 Noodle Hockey (AR) 3:30 Happy Hour: Maple Leaf Lounge w/Brandy Roberts (AUD)	11 9:30 Cardio Boxing (AR) 11:00 BBB Practice (AUD) 1:30 Age With Radiance: Care for your Skin, Care for You! w/ Curana (AUD) 2:30 Film Friday: The Proposal (CC)	12 10:30 Church Service with Brother Williams (CHP)
13 3:00 St. Paul's Episcopal Service of Holy Eucharist (CHP)	14 10:00 Water Aerobics (Pool) 1:00 Balance and Beyond (AR) 2:00 Monday Funday: Pictionary (CC) 3:30 Men's Hour: Boards & Bourbon (CC) 6:00 Book Club (CC) Senso Challenge: Targets	15 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 11:00 Cornhole (AUD) 11:30 Lunch Bunch: Fairfield Market (Meet in Lobby) 3:00 CATS: Winston Hall: Shreveport Municipal Auditorium (AUD)	16 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Monthly Birthday Party (CC) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: The Americas (EP 5&6) (CC)	17 9:00 Morning Stretch (AR) 10:00 Chair Fitness (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Shopping @ Brookshires (Meet in Lobby)	18 9:30 Cardio Boxing (AR) 11:00 BBB Practice (AUD) 1:30 Desserts w/Debra (CC) 3:00 Film Friday: The Miracle Club (CC)	19 10:30 Church Service with Brother Williams (CHP)
20 2:00 Church Service w/ Willis Dear and Christ United Methodist Choir (CHP) 3:00 Old Time Country Jammers (AUD)	21 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:30 Dave Barry: Managing Incontinence - Developing Bladder Control (CC) 3:30 Monday Funday: Taboo (CC) Senso Challenge: Lumina	22 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 11:00 Cornhole (AUD) 1:00 BBB Practice (AUD) 3:00 Tech Talk Tuesday: Online Grocery Ordering/Delivery Tutorial (CC)	23 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: The Americas (EP 7) 3:30 Tiki Bar Cocktail Hour (Crossings Cafe) 4:30 Luau (AUD)	24 9:00 Morning Stretch (AR) 10:00 Chair Fitness (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 2:30 Thrifty Thursday: Goodwill (Meet in Lobby)	25 9:30 Cardio Boxing (AR) 9:00 Redbrook Roadies: Ruston, La (Meet in Lobby) 11:00 BBB Practice (AUD) 2:30 Film Friday: The Man on a Ledge (CC)	26 10:30 Church Service with Brother Williams (CHP)
27 1:30 Shreveport Little Theater: Guys and Dolls (Meet in Lobby) 3:00 Ellerbe Road Methodist Church Service (CHP)	28 10:00 Water Aerobics (Redbrook Pool) 1:00 Balance and Beyond (AR) 2:00 Monday Funday: Spintopia (CC) 3:30 Just Peachy Ladies Hour (CC) Senso Challenge: Arrows	29 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 10:00 Chair Fitness (AR) 11:00 Cornhole (AUD) 1:00 BBB Practice (AUD) 2:30 Beat the Heat at Happy Belly's (Meet in Lobby)	30 10:00 Water Aerobics (Redbrook Pool) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance and Beyond (AR) 1:30 Card Club (Game Room) 2:30 Wednesday Watch Party: The Americas (EP 8,9&10) (CC)	31 9:00 Morning Stretch (AR) 9:30 Rensiting Project Donation Drop off & Tour (Meet in Lobby) 10:00 Chair Fitness (AR) 11:00 Washer Toss (AR) 1:00 Bingo (CC) 4:30 Supper Club: L'Italiano (Meet in Lobby)	July 15: Lunch Bunch July 15: CATS Series July 23: Luau July 31: Supper Club	