Happy Father's Day

June 2025

REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 3:00 Calvary Baptist Church (CHP)	2 10:00 Chair Fitness (AR) 1:00 Balance & Beyond (AR) 2:30 Spintopia (CC)	3 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 11:00 Washer Toss (AR) 1:00 BBB Game: Redbrook Vs Sometimers (AUD)	4 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 1:30 Cards (Game Room) 2:30 Wednesday Watch Party: The Crown Season 2 (EP 1&2) (CC)	5 9:00 Morning Stretch (AR) 11:00 Cornhole (AUD) 1:00 Bingo (CC) 2:30 Shopping @ Kroger (Meet in Lobby)	6 8:30 Donut Shoppe (Crossings Café) 10:00 Water Aerobics (Redbrook Pool) 11:00 BBB Practice (AUD) 2:30 Film Fridays: Nonnas (CC) National Donut Day	7 10:30 Church Service w/ Brother Williams (CHP)
8 3:00 St. Paul's Episcopal Service of Holy Eucharist (CHP)	9 10:00 Chair Fitness (AR) 1:00 Balance and Beyond (AR) 2:00 Pictionary (CC) 3:30 Ladies Hour: Charcuterie & Chardonnay (CC)	10 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 11:00 Washer Toss (AR) 1:00 BBB Practice (AR)	11 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study W/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 1:30 Cards (Game Room) 2:30 Wednesday Watch Party: The Crown Season 2 (EP 3&4) (CC)	12 9:00 Morning Stretch (AR) 11:00 Cornhole (AUD) 1:00 Bingo (CC) 5:30 Old School Dance Hall: Dancing & Cocktails (Meet in Lobby)	13 10:00 Water Aerobics (AR) 11:00 BBB Practice (AUD) 12:00 Men's Hour: Pies & Pints (Levee) 2:00 Flag Day Celebration: Wear Red White & Blue (AUD) 2:30 Film Fridays: Grumpier Old Men (CC)	14 10:30 Church Service w/ Brother Williams (CHP) Flag Day
15 2:00 Speaker TBD (CHP) Father's Day	16 10:00 Chair Fitness (AR) 11:00 Brunch Bunch at Shreveport Biscuit Company (Meet in Lobby) 1:00 Balance & Beyond (AR) 2:30 Nutrition for Brain Health w/Dave Barry (CC) 3:30 Charades (CC)	17 9:00 Morning Stretch (AR) 9:00 Redbrook Roadies : Cous-hatta: ED Lester Farms (Meet in Lobby) 9:30 Catholic Mass (CHP) 11:00 Washer Toss (AR) 1:00 BBB Practice (AR) 3:00 CATS- Master Gardeners: Container Gardening (AUD)	18 10:00 Chair Fitness (ER) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Monthly Birthday Party (CC) 1:30 Cards (Game Room) 2:30 Wednesday Watch Party: The Crown Season 2 (EP 5&6) (CC)	19 9:00 Morning Stretch (AR) 11:00 Cornhole (AUD) 1:00 Bingo (CC) 2:30 Shopping @ Brookshire's (Meet in Lobby)	20 10:00 Water Aerobics (Redbrook Pool) 11:00 BBB Practice (AUD) 1:30 Desserts and Discussion: Health Talk w/ Curana 2:30 Film Fridays: Here (CC)	21 10:30 Church Service w/ Brother Williams (CHP)
22 3:00 Ellerbe Road Methodist Church (CHP)	23 10:00 Chair Fitness (AR) 1:00 Balance & Beyond (AR) 3:00 Armchair Travel to Peru (CC) Hike Machu Picchu	24 9:00 Morning Stretch (AR) 9:30 Catholic Mass (CHP) 11:00 Washer Toss (AR) 1:00 BBB Practice (AUD) 2:30 Parrots of Peru w/ Wild World (CC) Hike Rainbow Mountain	25 10:00 Chair Fitness (AR) 10:30 ERBC Bible Study w/ Brother Sims (CHP) 1:00 Balance & Beyond (AR) 1:30 Cards (Game Room) 2:30 Wednesday Watch Party: The Crown Season 2 (EP 7&8) (CC) Hike Lake 69 Trail	26 9:00 Morning Stretch (AR) 11:00 Cornhole (AUD) 1:00 Bingo (CC) 2:30 Sip & Paint: Marvelous Macaw (CC) 4:30 Supper Club @ Copeland's of New Orleans (Meet in Lobby) Hike Gocta Waterfalls	27 10:00 Water Aerobics (Redbrook Pool) 11:00 BBB Practice (AUD) 2:00 Bingo Extravaganza (AUD) 3:00 Film Fridays: Secret of The Incas (CC) National Bingo Day Hike Moray Ruins Loop	28 10:30 Church Service w/ Brother Williams (CHP) 2:30 The Crown Season 2 Finale Party (EP 9&10) (CC)
29 3:00 PM Dr. John Sullivan from Broadmoor Baptist (CHP)	30 10:00 Chair Fitness (AR) 1:00 Balance & Beyond (AR) 2:30 Spintopia (CC) 3:30 Karaoke & Cocktails (CC)					

June 6: Donut Shoppe
June 12: Old School Dance Hall
June 13: Flag Day Celebration
June 17: Master Gardeners
June 27: National Bingo Day