# Happy Spring!

# April 2025

## REDBROOK AT THE GLEN

ACTIVITY & EVENT LOCATIONS
AUD = AUDITORIUM AR = AEROBICS ROOM CHP = CHAPEL CC = COMMUNITY CENTER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| | | 1<br>9:30 Catholic Mass (CHP)<br>10:00 Balance & Beyond (AR)<br>11:00 Cornhole (AUD)<br>1:00 BBB Game: Redbrook Vs Sometimers (AUD)<br>3:00 Men's Hour (CC)<br>*Trek to Kentucky Begins*<br>April Fool's Day | 2<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br>1:30 Cards (Game Room)<br>2:30 Wednesday Watch Party: The Queen's Gambit (EP 1) (CC) | 3<br>10:00 Balance & Beyond (AR)<br>11:00 Washer Toss (AR)<br>1:00 Bingo (CC)<br>2:30 Shopping @ Kroger (Meet in Lobby) | 4<br>10:00 Bocce Ball (Bocce Court)<br>11:00 BBB Practice (AUD)<br>1:30 Desserts & Discussion: Stress Awareness by Curana Health (AUD)<br>2:30 Film Fridays: Two Weeks Notice (CC) | 5<br>10:30 Church Service w/Brother Williams (CHP) |
| 6<br>3:00 Calvary Baptist (CHP) | 7<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>11:00 Lunch Bunch: Cracker Barrel (Meet in Lobby)<br>2:00 Pictionary (CC) | 8<br>9:30 Catholic Mass (CHP)<br>10:00 Emmanuel Primetime Singers (AUD)<br>10:00 Balance & Beyond (AR)<br>11:00 Cornhole (AUD)<br>1:00 BBB Practice (AUD)<br>2:30 Kidding Around w/ The Farm Ranch Zoo (CC) | 9<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br>1:00 New Resident Meet & Greet (CC)<br>2:00 Cards (Game Room)<br>2:30 Wednesday Watch Party: The Queen's Gambit (EP 2) (CC) | 10<br>10:00 Balance & Beyond (AR)<br>11:00 Washer Toss (AR)<br>11:30 Spring Fling Feast: Potluck (Levee)<br>1:00 Bingo (CC) | 11<br>10:00 Bocce Ball (Bocce Court)<br>11:00 BBB Practice (AUD)<br>2:30 Film Fridays: The Guernsey Literary & Potato Peel Pie Society (CC) | 12<br>10:30 Church Service w/Brother Williams (CHP)<br>**Passover** |
| 13<br>3:00 St. Paul's Episcopal Service of Holy Eucharist (CHP)<br>**Palm Sunday** | 14<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Brookwood Sewing Ministry Presentation (CC)<br>10:00 Joyful Noise (CHP)<br>2:00 Spintopia (CC)<br>4:00 Larks Choir (CHP)<br>6:00 Book Club (CC) | 15<br>9:30 Catholic Mass(CHP)<br>10:00 Balance & Beyond (AR)<br>10:30 Cinemark Tinseltown: Snow White (Meet in Lobby)<br>11:00 Cornhole (AUD)<br>1:00 BBB Practice (AUD)<br>3:00 CATS: Shreveport Opera Express (AUD) | 16<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br>1:00 Monthly Birthday Party (CC)<br>2:00 Card Games (Game Room)<br>2:30 Wednesday Watch Party: The Queen's Gambit (EP 3 & 4) (CC) | 17<br>10:00 Balance & Beyond (AR)<br>11:00 Washer Toss (AR)<br>1:00 Bingo (CC)<br>2:30 Bloom @ Norton Art Gallery (Meet in Lobby) | 18<br>2:00 Film Fridays: Risen (CC)<br>***Good Friday*** | 19<br>10:30 Church Service w/Brother Williams (CHP) |
| 20<br>**Easter** | 21<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>11:00 Springhill Baptist Church (CHP)<br>2:00 Charades (CC)<br>3:00 Armchair Travel: Austria (CC) | 22<br>8:30 Austria: Coffee & Pastries (Crossings Café)<br>9:30 Catholic Mass (CHP)<br>10:00 Balance & Beyond (AR)<br>11:00 Cornhole (AUD)<br>1:00 BBB Practice (AUD)<br>2:30 Shopping @ Ellis Home & Garden (Meet in Lobby)<br>3:00 Life of a Legislative Assistant: How to Contact your Legislator and More (AUD)<br>Earth Day | 23<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>1:30 Card Games (Game Room)<br>2:30 Wednesday Watch Party: The Queen's Gambit (EP 5) (CC)<br>3:30 Wine Down Wednesday w/Larry Meir (AUD) | 24<br>10:00 Balance & Beyond (AR)<br>11:00 Washer Toss (AR)<br>1:00 Bingo (CC)<br>2:30 Shopping @ Walmart (Meet in Lobby)<br>4:30 Supper Club @ Orlandeaux's Café (Meet in Lobby) | 25<br>10:00 Bocce Ball (Bocce Court)<br>10:00 Redbrook Roadies: Mansfield, LA (Meet in Lobby)<br>11:00 BBB Practice (AUD)<br>2:00 Film Fridays: The Sound of Music (CC) | 26<br>10:30 Church Service w/Brother Williams (CHP) |
| 27<br>3:00 Ellerbe Road Methodist Church Service (CHP) | 28<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>2:00 Healthy Eating & The Inflammation Connection w/ Dave Barry (CC)<br>3:00 Spintopia (CC) | 29<br>9:30 Catholic Mass (CHP)<br>10:00 Balance & Beyond (AR)<br>11:00 Corn Hole (AUD)<br>1:00 BBB Practice (AUD)<br>3:00 Ladies Hour (Grandmothers Garden) | 30<br>10:00 Virtual Chair Fitness (AR)<br>10:00 Water Aerobics (Redbrook Pool)<br>10:30 ERBC Bible Study w/ Brother Sims (CHP)<br>1:30 Cards (Game Room)<br>2:30 Wednesday Watch Party: The Queen's Gambit (EP 6 & 7) (CC) | April 1: Trek to Kentucky Begins<br>April 10: Spring Fling Feast<br>April 15: CATS - Shreveport Opera Xpress<br>April 17: Bloom at Norton Art Gallery<br>April 23: Wine Down Wednesday | | |